

The GNOME™ Conference GUADEC

An update on parental controls for GNOME 47

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The plan

- 🐾 Health breaks
- 🐾 Session time limits / Screen time
- 🐾 Bedtime

Health breaks

- 🐾 Various existing apps
- 🐾 Tighter integration with the shell
- 🐾 Movement breaks
- 🐾 Eyesight breaks

Digital wellbeing design

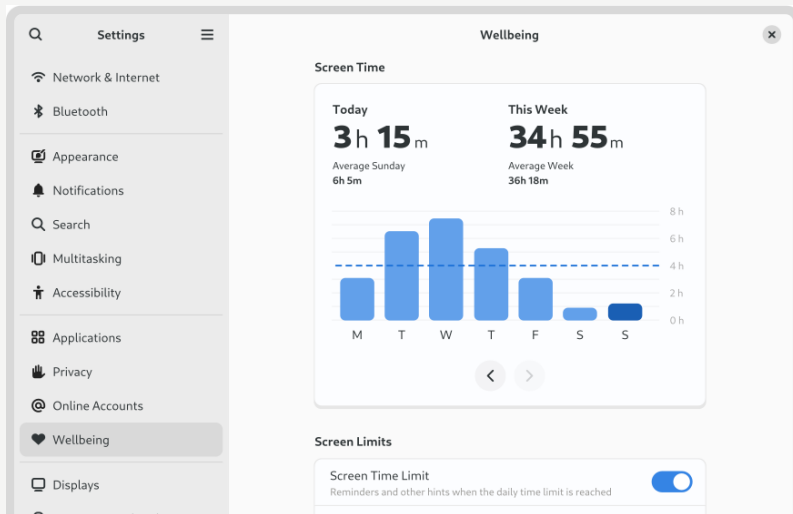


Figure: Digital wellbeing design in gnome-control-center (source)

Digital wellbeing design

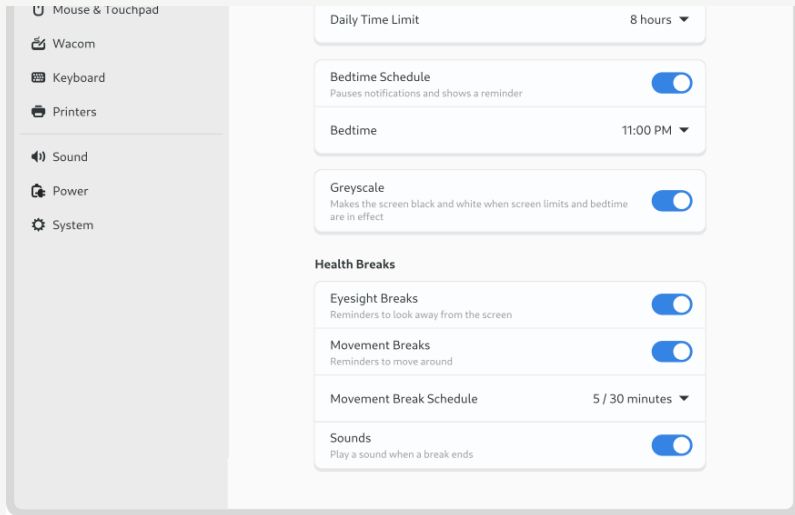


Figure: Digital wellbeing design in gnome-control-center (source)

Health breaks notifications

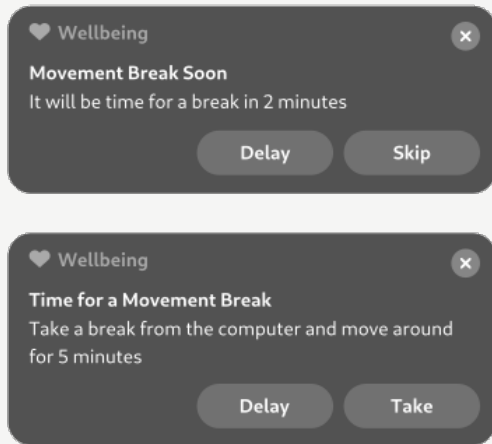


Figure: Some health breaks notifications

Health breaks implementation

https://gitlab.gnome.org/GNOME/gnome-shell/-/merge_requests/3251

Session time limits / Screen time

- 👉 A daily time limit on computer use
- 👉 For you, it's a hint; for children, it's mandatory

Digital wellbeing design

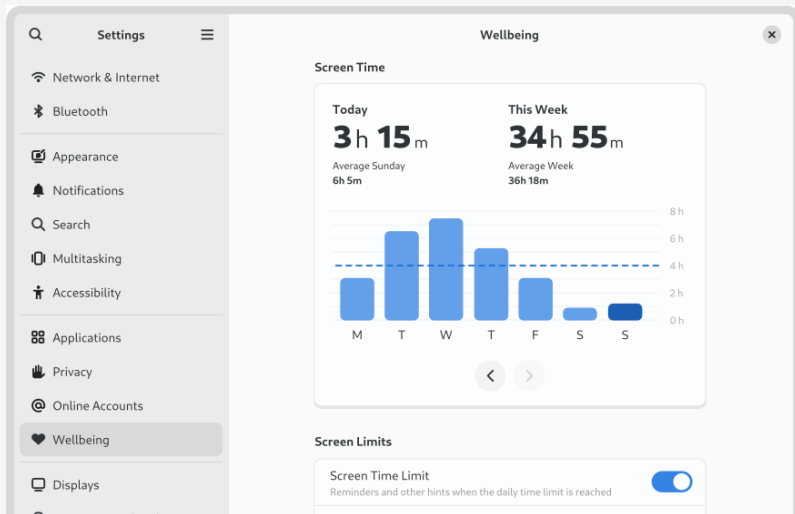


Figure: Digital wellbeing design in gnome-control-center (source)

Screen time implementation

https://gitlab.gnome.org/GNOME/gnome-shell/-/merge_requests/3397

Bedtime

- 🐾 Similar to screen time
- 🐾 Reminds you to go to bed at a certain wall clock time
- 🐾 Some tie in with night light

Miscellany

[Digital wellbeing design](https://gitlab.gnome.org/Teams/Design/settings-mockups/-/blob/master/wellbeing/wellbeing.png) `https://gitlab.gnome.org/Teams/Design/settings-mockups/-/blob/master/wellbeing/wellbeing.png`

[Design details](https://gitlab.gnome.org/Teams/Design/initiatives/-/issues/130) `https://gitlab.gnome.org/Teams/Design/initiatives/-/issues/130`

[Slide source](https://gitlab.gnome.org/pwithnall/guadec-parental-controls-presentation-2024) `https://gitlab.gnome.org/pwithnall/guadec-parental-controls-presentation-2024`



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Beamer theme: `https://gitlab.gnome.org/GNOME/presentation-templates/tree/master/GUADEC/2024`