An update on parental controls for GNOME 47

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The plan

- Health breaks
- Session time limits / Screen time
- Bedtime
Health breaks

- Various existing apps
- Tighter integration with the shell
- Movement breaks
- Eyesight breaks
An update on parental controls for GNOME 47

Digital wellbeing design

Figure: Digital wellbeing design in gnome-control-center (source)
Digital wellbeing design

Figure: Digital wellbeing design in gnome-control-center (source)
Health breaks notifications

Figure: Some health breaks notifications
Health breaks implementation

https://gitlab.gnome.org/GNOME/gnome-shell/-/merge_requests/3251
Session time limits / Screen time

🔍 A daily time limit on computer use
👣 For you, it’s a hint; for children, it’s mandatory
Digital wellbeing design

Figure: Digital wellbeing design in gnome-control-center (source)
Screen time implementation

https://gitlab.gnome.org/GNOME/gnome-shell/-/merge_requests/3397
Bedtime

类似的屏幕时间
提醒你在一个特定的墙上时钟时间去睡觉
与夜间模式有些相关
Miscellany


Design details https://gitlab.gnome.org/Teams/Design/initiatives/-/issues/130


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Beamer theme: https://gitlab.gnome.org/GNOME/presentation-templates/tree/master/GUADEC/2024